Health Care March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 HESSTON MENNO. CHURCH BROADCAST 1:00 DOMINOES 2:30 BALL GAMES 4:00 READ W/ JOHN	2 9:30 AREA ACTIVITIES 2:15 FUN w/ MUSIC 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BRAIN GAMES	3 10-TODDLERS 3:00 RHYTHM CONNECTNS 3:00 MN/WMN'S CHATS 4:00 DEVOTIONS w/ JOHN 6:00 LIVING RM GAMES	4 10:00 PRESCHOOLERS 1:30 JOYRIDE 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	5 10:00 PRE-K VISIT 2:30-4 BOOK SIGNING w/ GARY BLAINE & BOOK FAIR 4:00 HYMNSING 5:00 HESSTON CAFE 7:00 BORDER BIRDING	6 10- PRESCHOOLERS 1:00 DOMINOES 2:30 SHUFFLEBOWL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE! GAMES	7 1:00 DOMINOES 2:30 GROUP GAMES 4-S.S. LESSON 6:00 L. WELK 6:30 READ W/ JOHN
8 10:30 HESSTON MENNO. CHURCH BROADCAST 1:00 DOMINOES 2:30 BALL GAMES 4:00 READ WI JOHN	9 9:30 AREA ACTIVITIES 2:15 BELL CHOIR 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BAKING	10 10-TODDLERS 3:00 RHYTHM CONNECTNS 3:00 MN/WMN'S CHATS 4:00 DEVOTIONS W/ JOHN 6:00 LIVING RM GAMES	11 10:00 PRESCHOOLERS 2:30 GETTING 2 KNOW U 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	12 10:00 PRE-K VISIT 1:00 PAINTED NAILS 3:00 BRAIN CHALLENGE 3:00 BINGO 4:00 HYMNSING 7:00 DIANA & FRIENDS	13 10-PRESCHOOLERS 1:00 DOMINOES 2:30 VOLLEYBALL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES	14 1:00 DOMINOES 2:30 GROUP GAMES 4-S.S. LESSON 6:00 L. WELK 6:30 READ W/ JOHN
15 10:30 HESSTON MENNO. CHURCH BROADCAST 1:00 DOMINOES 2:30 BALL GAMES 4:00 READ W/ JOHN	16 9:30 AREA ACTIVITIES 10:00 PARKINSON'S 2:15 FUN w/ MUSIC 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BRAIN GAMES	17 10-TODDLERS 2:30 CAREGIVERS 3:00 RHYTHM CONNECTNS 3:00 MN/WMN'S CHATS 4:00 DEVOTIONS w/ JOHN 6:00 LIVING RM GAMES	18 10:00 PRESCHOOLERS 1:30 JOYRIDE 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	19 10:00 PRE-K VISIT 1:00 PAINTED NAILS 3:00 SPRING FLING 3:00 BINGO 4:00 HYMNSING 7:00 HYMN SING	20 10:00 PRESCHOOLERS 1:00 DOMINOES 2:30 SHUFFLEBOWL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES	21 1:00 DOMINOES 2:30 GROUP GAMES 4- S.S. LESSON 6:00 L. WELK 6:30 READ W/ JOHN
22 10:30 HESSTON MENNO. CHURCH BROADCAST 1:00 DOMINOES 2:30 BALL GAMES 4:00 READ W/ JOHN	23 9:30 AREA ACTIVITIES 2:15 BELL CHOIR 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ WI JOHN 6:00 BAKING	24 10-TODDLERS 3:00 RHYTHM CONNECTNS 3:00 MN/WMN'S CHATS 4:00 DEVOTIONS W/ JOHN 6:00 LIVING RM GAMES	25 10:00 SPRING PARADE 1:30 RESIDENT COUNCIL 2:30 GETTING 2 KNOW U 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	26 10:00 PRE-K VISIT 1:00 PAINTED NAILS 3:00 BRAIN CHALLENGE 3:00 BINGO 4:00 BIG QUESTIONS 4:00 HYMNSING 4:30 WATER'S EDGE	27 10:00 PRESCHOOLERS 1:00 DOMINOES 2:30 VOLLEYBALL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES	28 1:00 DOMINOES 2:30 GROUP GAMES 4-S.S. LESSON 6:00 L. WELK 6:30 READ W/ JOHN
29 10:30 HESSTON MENNO. CHURCH BROADCAST 1:00 DOMINOES 2:30 BALL GAMES 4:00 READ W/ JOHN	30 9:30 AREA ACTIVITIES 2:15 FUN w/ MUSIC 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BRAIN GAMES	31 10-TODDLERS 3:00 RHYTHM CONNECTNS 3:00 MN/WMN'S CHATS 4:00 DEVOTIONS W/ JOHN 6:00 LIVING RM GAMES				

Assisted Living

March 2020



					BEGESTEM COMMONTTES	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 HMC on Ch. 2 and Chapel Visit with Friends& Family	2 9:30 Exercise 10:00 Manicures 10:30 Lenten Bible Study 2:00 Movie in Mullet	3 9:30 Exercise 10:15 Brain Games 2:30 Coffee in the Café 3:00 Rhythm Connection	4 9:30 Exercise 10:15 Joyride 3:30 Mid Week Worship	5 9-11 AL Trip to Wal-Mart 2:30-4 Gary Blaine Book Signing in Chapel 7:00 Gregg and Joanna Trip to South Texas	6 9:30 Exercise 10:15 AL Meeting 2:30 Pop and Popcorn 3:30 Handwork with Friends	7 10:00 Music Appreciation 2:30 Table Games 4:00 Sunday School Lesson
8 10:30 HMC on Ch. 2 and Chapel Visit with Friends& Family	9 9:30 Exercise 10:00 Manicures 10:30 Lenten Bible Study 2:00 Movie in Mullet	10 9:30 Exercise 10:15 Brain Games 2:30 Bring a Joke!! 3:00 Rhythm Connection	11 9:30 Exercise 10:15 Trivia 3:30 Mid-Week Worship	12 9:30 Exercise 10:15 Pre-K Visit 2:30 Armchair Travel 7:00 Diana and Friends Music	13 9:30 Exercise 10:15 Remember When 2:30 Favorite Music 3:30 Handwork with Friends	14 10:00 Music Appreciation 2:30 Table Games 4:00 Sunday School Lesson
15 10:30 HMC on Ch. 2 and Chapel Visit with Friends& Family	16 9:30 Exercise 10:00 Manicures 10:00 Parkinson's Group 10:30 Lenten Bible Study 2:00 Movie in Mullet	17 9:30 Exercise 10:15 Brain Games 2:30 Caregivers Group 2:30 St. Patty's Day Party 3:00 Rhythm Connection	18 9:30 Exercise 10:15 Joyride 3:30 Mid-Week Worship	19 9:30 Exercise 10:15 Pre-K Visit 2:30 Armchair Travel 7:00 Hymn Sing	20 9:30 Exercise 10:15 Women's Coffee 2:30 Ice Cream in the Café 3:30 Handwork with Friends	21 10:00 Music Appreciation 2:30 Table Games 4:00 Sunday School Lesson
22 10:30 HMC on Ch. 2 and Chapel Visit with Friends& Family	23 9:30 Exercise 10:00 Manicures 10:30 Lenten Bible Study 2:00 Movie in Mullet	24 9:30 Exercise 10:15 Brain Games 2:30 Favorite Scriptures 3:00 Rhythm Connection	25 9:30 Exercise 10:15 Spring Parade 3:30 Mid-Week Worship	26 9:30 Exercise 10:15 Pre-K Visit 2:30 Armchair Travel	27 9:30 Exercise 10:15 Men's Coffee 2:30 Violin and Piano in the Theater 3:30 Handwork with Friends	28 10:00 Music Appreciation 2:30 Table Games 4:00 Sunday School Lesson
29 10:30 HMC on Ch. 2 and Chapel Visit with Friends&	30 9:30 Exercise 10:00 Manicures 10:30 Lenten Bible Study 2:00 Movie in Mullet	31 9:30 Exercise 10:15 Brain Games 2:30 Recipe Club 3:00 Rhythm Connection				

Independent Living March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 4-6:30p Flagship Romance - DAP	2 <u>9a Yoga GR</u> 10:10a Aquatic Class WC 10:30a Lenten Study VLC 3p Lenten Study MTL 5:30p Aquatic Class WC	3 8a Silver Sneakers GR 9:10a Aquatic Class WC 3p Rhythm Connect VLC 5:30p Aquatic Class WC	4 9a Yoga GR 9:30a BC Life Enrichment 10:10a Aquatic Class WC 3:30p Worship at VLC 5:30p Aquatic Class WC	5 <u>8a Silver Sneakers GR</u> 9:10a Aquatic Class WC 10:30 Wii Bowling GR 2:30p Kwik Fit GR 5-8p Fried Chicken WE	6 9a Yoga GR 10:10a Aquatic Class WC	7
8 Daylight Savings Time—Move clocks 1 hr forward	9 <u>9a Yoga GR</u> 10a Tai Chai 10:10a Aquatic Class WC 10:30a Lenten Study VLC 3p Lenten Study MTL 5:30p Aquatic Class WC 7:30p HPBA - Goise-HMC	10 8a Silver Sneakers GR 9:10a Aquatic Class WC 3p Rhythm Connect VLC 5:30p Aquatic Class WC	9a Yoga GR 9:30a BC Life Enrichment 10:10a Aquatic Class WC 3:30p Worship at VLC 5:30p Aquatic Class WC	12 <u>8a Silver Sneakers GR</u> <u>9:10a Aquatic Class WC</u> 10:30 Wii Bowling GR <u>2:30p Kwik Fit GR</u> 5-8p Waffle Night WE 7p Music Program	13 9a Yoga GR 10a Eyeglass Repair VLC 10a Women's Coffee MPC 10:10a Aquatic Class WC	14
15 4p Dala -DAP	16 <u>9a Yoga GR</u> <u>10a Tai Chi</u> 10a Parkinson's Gr VLC <u>10:10a Aquatic Class WC</u> 10:30a Lenten Study VLC 3p Lenten Study MTL	17 St. Patrick's Day 8a Silver Sneakers GR 9:10a Aquatic Class WC 3:30 Caregiver Group VLC 3p Rhythm Connect VLC 5:30p Aquatic Class WC	18 <u>9a Yoga GR</u> 9a Hearing Aid Check VLC 10a Hearing Aid Check HH 10:10a Aquatic Class WC 3:30p Worship at VLC 5:30p Aquatic Class WC	19 <u>8a Silver Sneakers GR</u> <u>9:10a Aquatic Class WC</u> 10:30 Wii Bowling GR <u>2:30p Kwik Fit GR</u> 5-8p German Night WE 7p Hymn Sing	20 9a Yoga GR 10:10a Aquatic Class WC	21
22	23 <u>9a Yoga GR</u> <u>10a Tai Chi</u> <u>10:10a Aquatic Class WC</u> 10:30a Lenten Study VLC 3p Lenten Study MTL 5:30p Aquatic Class WC	24 8a Silver Sneakers GR 9:10a Aquatic Class WC 3p Rhythm Connect VLC 5:30p Aquatic Class WC	25 9a Yoga GR 9:30a BC Life Enrichment 10:10a Aquatic Class WC 3:30p Worship at VLC 5:30p Aquatic Class WC	26 8a Silver Sneakers GR 9:10a Aquatic Class WC 10:30 Wii Bowling GR 2:30p Kwik Fit GR 5-8p Italian Night WE	27 9a Yoga GR 10:10a Aquatic Class WC	28
29	30 <u>9a Yoga GR</u> 9:30a Census Help WE 10a Tai Chi 10:30a Lenten Study VLC 1p Census Help HH 3p Lenten Study MTL	31 8a Silver Sneakers GR 9:10a Aquatic Class WC 3p Rhythm Connect VLC 5:30p Aquatic Class WC	Water's E Tues - Sat: Thurs	Edge Hours 7 a.m.—2 p.m. 5—8 p.m.	Hesston Bakery and Cat Mon—Sat: 7 a.m.—7 Sun: 7 a.m.—5 p.	7 p.m.
BC—Bethel College GR—Garden Room at the WC HAS—Hesston Area Senior Center		HBC—Hesston Bakery & Cafe HC—Hesston College HH—Hickory Homes HMC—Hesston Mennonite Church MP—Mullet Place MTL—Mid Towne Lounge at WC		Place	VLC—Villa Life Center WC—Wellness Center WE—Water's Edge Restaurant	